UNION TRADES MEDICAL CENTER INFORMATION

Did you know that **Active Members, Pre-Medicare Retirees, and Family Members Ages 2 & Older** enrolled in the Local 38 medical plan are eligible for FREE healthcare services provided by the Union Trades Medical Centers? We're your first stop for convenient, affordable health care.

Clinic: **Union Trades Medical Center**	Clinic: **Union Trades Medical Center**
Call for an appointment: **216-245-5680**	Call for an appointment: **216-539-2702**
3609 Park East Drive, Suite 210 Beachwood, OH 44122.	7575 Northcliff Ave., Suite 403 Brooklyn, OH 44144
Mon/Wed/Thu: 8am-5pm **Tue:** 8am-7pm **Fri:** 8am-3pm	**Mon/Tue/Thu:** 8am-5pm **Wed:** 8am-7pm **Fri:** 8am-3pm

What Union Trades Medical Center treats:

•**Behavioral Health**

•**Physical**

•**Sick Care**: for a wide variety of common illnesses such as sore throats, headaches, skin problems, infections, and sprains and strains

•**Labs**: blood draws and lab tests including hemoglobin A1c, lipid panel, glucose, rapid strep, mono, urinalysis, oxygen saturation, and pregnancy

•**Assessments:** free health screenings for cholesterol, blood pressure, glucose levels, height, weight, and Body Mass Index (BMI)

•**Health Coaching:** for personal health issues or concerns including weight loss, stress management, tobacco cessation, and physical activity

•**Chronic Condition Coaching**: Anyone with one of the following conditions is eligible for this FREE program

* Asthma
* Chronic obstructive pulmonary disease
* Depression
* Diabetes
* Gastroesophageal reflux disease (GERD)
* Heart failure

* Hypertension
* Low back pain
*Metabolic risk syndrome
* Osteoarthritis
* Rheumatoid arthritis
*Sleep apnea

•**Physical Therapy**: Individual evaluations, treatments, and home programs for physical problems to reduce pain and restore function.

Schedule an appointment by calling 216-245-5680 (Beachwood) or 216-539-2702 (Brooklyn), or book online at https://my.marathon-health.com.